



DISCIPLESHIP WORKBOOK

ADMINISTRATIVE ASSISTANT EUGENE C, McCOWN, JR.
Founder & Pastor

Discipleship Month -- Student Workbook

LESSON 1 — KNOWING GOD & YOUR NEW IDENTITY IN CHRIST

THEME: Who God Is and Who You Are in Him

KEY SCRIPTURES

2 Corinthians 5:17

John 1:12

Ephesians 1:3–7

Romans 12:1–2

TEACHING NOTES

1. The Character of God

Write what each trait means to you:

- Holy: _____
- Loving: _____
- Faithful: _____
- Just: _____

2. The Work of Salvation

What Jesus accomplished for me:

3. My Identity in Christ

In Christ, I am:

4. Renewing the Mind

What thought patterns do I need to release?

REFLECTION QUESTIONS

1. What identity truth stood out to you most?

2. What mindset is God asking you to let go of?

WEEKLY CHALLENGE

Read Ephesians 1 daily and write one identity declaration:

- Day 1: _____
- Day 2: _____
- Day 3: _____
- Day 4: _____
- Day 5: _____
- Day 6: _____
- Day 7: _____

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LESSON 2 — SPIRITUAL DISCIPLINES FOR A STRONG FAITH

Theme: Building habits that deepen your walk with God

KEY SCRIPTURES

Matthew 6:5–18

Psalm 119:105

John 4:23–24

Acts 2:4

TEACHING NOTES

1. Prayer

What does prayer mean to you?

2. Bible Study

SOAP Example:

- **Scripture:** _____
- **Observation:** _____
- **Application:** _____
- **Prayer:** _____

3. Worship

How can you make worship a lifestyle?

4. Fasting

What kind of fast can you commit to?

REFLECTION QUESTIONS

- 1. Which discipline is hardest for you? Why?

- 2. What steps can you take to be more consistent?

WEEKLY HABIT TRACKER

Choose 2 disciplines and check each day you complete them.

Discipline	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Prayer							
Bible Study							
Worship							
Fasting							

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LESSON 3 — LIVING BY THE SPIRIT & OVERCOMING THE FLESH

THEME: Spiritual maturity and daily victory

KEY SCRIPTURES

Galatians 5:16–25

Acts 1:8

Romans 8:1–14

1 Corinthians 12

TEACHING NOTES

1. Who the Holy Spirit Is

He is my:

2. Fruit of the Spirit

Which fruit is strongest in your life?

Which one needs growth?

3. Gifts of the Spirit

What spiritual gifts do you believe you may have?

4. Overcoming the Flesh

Triggers I must watch for:

REFLECTION QUESTIONS

1. Where do you need the Holy Spirit's help most?

2. What does walking in the Spirit look like for you?

WEEKLY SCRIPTURE CHALLENGE

Memorize Galatians 5:22–23.

Daily Fruit Check-In:

• Love: <input type="checkbox"/>	• Joy: <input type="checkbox"/>
• Peace: <input type="checkbox"/>	• Patience: <input type="checkbox"/>
• Kindness: <input type="checkbox"/>	• Goodness: <input type="checkbox"/>
• Faithfulness: <input type="checkbox"/>	• Gentleness: <input type="checkbox"/>
• Self-control: <input type="checkbox"/>	

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LESSON 4 — PURPOSE, CALLING & LIVING ON MISSION

Theme: Disciples who make disciples

KEY SCRIPTURES

Matthew 28:18–20

Jeremiah 29:11

Romans 12:4–8

1 Peter 3:15

TEACHING NOTES

1. My Kingdom Purpose

What is God calling me to in this season?

2. Being a Light

Where can I show Christ this week?

3. Sharing My Testimony

3-Minute Testimony Outline:

- **Before Christ:** _____
- **How I Met Christ:** _____
- **After Christ:** _____

4. Serving in the Church

Ways I can serve:

REFLECTION QUESTIONS

1. What gift do you believe God has placed in you?

2. Who can you reach or encourage this week?

WEEKLY CHALLENGE

Share your testimony with one person and invite them to

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LESSON 5 — HEARING GOD'S VOICE & BIBLICAL DECISION-MAKING

Theme: Learning to discern God's leading.

KEY SCRIPTURES

John 10:27

Proverbs 3:5-6

James 1:5

TEACHING NOTES

1. God Speaks Primarily Through His Word

Why do you think God chooses His Word as the primary way He speaks to us?

How consistent is your current engagement with Scripture?

2. God's Voice Brings Peace and Clarity

How can you tell the difference between God's voice and your own thoughts or emotions?

What does peace look like for you when making a decision?

3. Wise Counsel Confirms Direction

Who are the trusted, godly voices in your life?

Why is it sometimes hard to seek counsel before making decisions?

REFLECTION QUESTIONS

1. A decision I need God's guidance on:

2. How does Scripture speak into this decision?

WEEKLY CHALLENGE

Journal daily how God speaks to you this week. *Prompt: A decision I'm seeking God about:*

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LESSON 6 — HEALING, FORGIVENESS & EMOTIONAL WHOLENESS

Theme: Freedom through forgiveness and healing.

KEY SCRIPTURES

Psalm 147:3

Ephesians 4:31-32

TEACHING NOTES

1. Forgiveness Brings Freedom

What does “freedom” mean to you in the context of forgiveness?

2. Healing Is a Process God Walks With Us Through

How do you typically respond when healing takes longer than expected?

3. God Restores Broken Places

What “broken place” in your life feels hardest to believe God can restore?

REFLECTION QUESTIONS

1. When you hear the word *forgiveness*, what emotions surface first—resistance, relief, fear, or peace? Why?
2. Is there a person, situation, or season that still triggers pain, anger, or sadness in you? *You don't need to explain the details—just name what God already knows.*
3. After reflecting today, what is one step God may be inviting you to take toward healing or forgiveness?

PRAYER OF RELEASE

Lord, I choose to forgive:

WEEKLY CHALLENGE

Pray daily for healing and emotional freedom.

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LESSON 7 — KINGDOM RELATIONSHIP & GODLY COMMUNITY

Theme: Growing through healthy, biblical relationships

KEY SCRIPTURES

Proverbs 27:17

Hebrews 10:24-25

TEACHING NOTES

1. Understanding God's Design

Why do you believe God places such importance on relationships in our spiritual growth?

2. Examining Your Relationships

Who are the people you spend the most time with, and how do they influence your faith?

Are your relationships drawing you closer to God or pulling you away from His purposes?

3. Practicing Love, Accountability, and Growth

What role does accountability play in healthy, biblical relationships?

REFLECTION QUESTIONS

1. Which relationships strengthen your faith?
2. Where do you need healthier boundaries?

WEEKLY CHALLENGE

Intentionally connect with one believer this week.

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LESSON 8 — SPIRITUAL WARFARE & STANDING FIRM IN FAITH

Theme: Living victorious in spiritual battles.

KEY SCRIPTURES

Ephesians 6:10-18

James 4:7

TEACHING NOTES

1. Understanding Victory in Christ

What does it mean to live in victory rather than constantly feeling defeated?

2. Recognizing Spiritual Battles

What are some signs that you may be facing a spiritual battle?

In which areas do you most often experience spiritual resistance—thoughts, emotions, relationships, or faith?

3. Walking in God's Strength Daily

Why can't we rely on our own strength in spiritual battles?

4. Standing Firm in Truth and Obedience

What truths from God's Word help you resist fear, doubt, or temptation?

REFLECTION QUESTIONS

1. What helps you stand firm spiritually?

2. How will you respond differently to spiritual attacks?

WEEKLY CHALLENGE

Write a prayer thanking God for victory that has already been won.